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Welcome to the newest issue of the Cedars CanSupport Information Bulletin

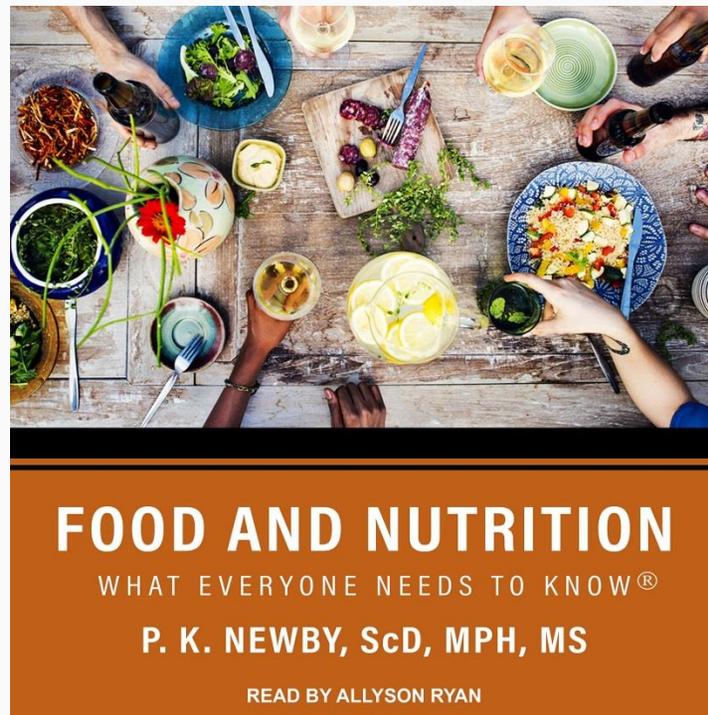
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What's New?

Book Suggestion of the Week

Food and nutrition : what everyone needs to know

by P.K. Newby



Excerpt from back cover: "*Food and Nutrition: What Everyone Needs to Know* looks at food systems globally and historically to explain how food production, diets, and nutrition science have changed across time. It will begin with chapters on contemporary diets and nutritional problems, food revolutions (from the birth of agriculture to genetic food technologies), basic concepts in nutrition science, food choices and the evolution of human taste preferences, the politics of food environments, modern food production and its effects on human health, and the environmental costs of food production. The book will then dive into the nutrition and ethics of animal-based diets, beverages, plant-based diets, nutrition guidelines and food labels, and food technologies. Ultimately this book provides an overview of the contemporary relationship between humans, land, and food, and explores the sustainability of consumption patterns on our health."

All resources in Quebec now available in one online directory

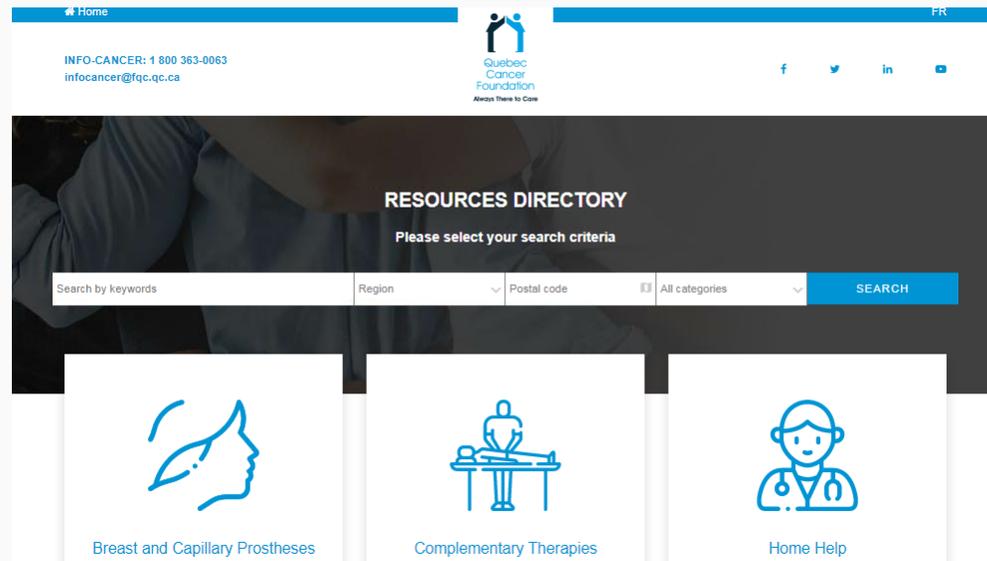


Photo Credit: Quebec Cancer Foundation

The Quebec Cancer Foundation has recently launched an online resource directory for people affected by cancer.

The directory, which is intended for the entire Quebec population and healthcare network, lists **more than 2,200 resources** available throughout the province.

[Click here to consult the directory](#)

National Leukemia Conference

November 16th to November 20th, 2020

VIRTUAL

National Leukemia Conference



NOVEMBER
16-20
2020

Join us for a keynote presentation on leukemia research innovation, and breakout sessions on AML, ALL, CLL, and CML.

For the first time, the National Leukemia Conference offered by the Leukemia Lymphoma Society of Canada will be virtual!

Join the conference from the comfort of your home to learn from experts about leukemia research innovation, and attend breakout sessions on AML, ALL, CLL, and CML.

Register for any or all of the sessions to learn about symptom management and emerging treatment options.

[Click here to learn more](#)

Thank you for reading our information bulletin! We hope you enjoyed this issue.

Cedars CanSupport Team

IMPORTANT: Information provided by the Cedars CanSupport Information Bulletin is for educational purposes only. They are not intended to replace the advice or instruction of a healthcare practitioner, or to substitute for medical care.