

Photo Credit: Pixabay

# Welcome to the second issue of the Cedars CanSupport Information Bulletin

**Vol. 1, Issue 2**  
**April 2020**

The goal of the **Cedars CanSupport Information Bulletin** is to keep in touch with our subscribers and share useful resources.

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## **Oncology Social Workers are here to help**

Oncology Social workers of the MUHC Cedars Cancer Centre are available to counsel and support patients and their families, and caregivers from diagnosis through treatment, as well as in crisis situations.

Oncology social workers can help you with:

- Coping with cancer
- Advice on talking to children and loved ones
- Assistance in finding your way through the health care system
- Information and referrals to community resources
- Responding to critical needs throughout your care
- Dealing with financial concerns and finding financial help
- Identifying transportation resources and solution

## **How to get in touch with an oncology social worker?**

You do not need a referral but you can ask your doctor, nurse, health care provider, or the Cedars Cancer Centre personnel for a referral or ask to speak to a social worker directly by calling the MUHC Glen Site social service department (514) 934-1934 ext. 31569

## The OM at home

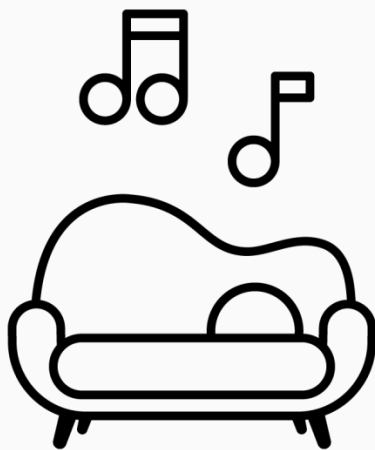


Photo Credit: Orchestre Métropolitain

**The Orchestre Métropolitain offers you a moment of respite at home with their comforting music.**

[Click here to visit the OM's website](#)

## Feeling stressed out?



Photo Credit: Pixabay

**This directory of trustworthy online resources by the MUHC Libraries has a wide variety of information about stress and managing stress.**

[Click here to consult](#)